

SOUTHAMPTON SUMMER DAY CAMP

# Parent Handbook 2024

## Dear SSDC Family,

Welcome to Southampton Summer Day Camp! We are so excited to be celebrating our 51<sup>st</sup> season in the sun! Soon, our campers will be enjoying an unparalleled array of experiences at SSDC—their Home Away from Home. Here, each and every day, your children will be provided a world of infinite opportunities to explore, learn, create, grow, and blossom into confident and happy individuals.

As parents, you may have questions. Our website provides the answers. Check out <u>www.southamptondaycamp.com</u> or <u>hampyowl.com</u>. In addition, we have put together this handbook to help. Please take some time to go over everything.

Should you have any additional inquiries or concerns, please feel free to contact us. The camp office phone number is: 215-355-4567 and our main email address is Lindsay@southamptondaycamp.com. Please communicate with us! We are always happy to hear from you.

It is our sincere desire to make each summer season for your family a pleasant experience. We want to know during the camp season if you have a concern or issue so that we can work towards addressing and solving it *during the summer*. We are all working towards the same goal, which is to provide a safe, happy, positive environment for everyone summer after summer.

We look forward to a glorious summer—sharing timeless traditions, forging forever friendships, and making precious memories together! We welcome YOUR family as a part of our SSDC family! Get ready to experience the magic of a lifetime!

Warmly, *Rick, Jacque and Lindsay Blum* Owners/Executive Directors

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## Southampton Summer Day Camp Key Contact Info:

**Phone:** Reach us at 215-355-4567 during office hours: 8:00 AM to 5:30 PM, Monday through Friday. Please call us with any timely needs as email is not checked during the camp day and may not receive a timely response.

**Website:** Visit<u>www.hampyowl.com</u> (or <u>www.southamptondaycamp.com</u>) for important information, camp photos/videos (password-protected), and updates. Be sure to see the "Current Family" tab for the latest information regarding each season.

**Parent Portal:** Access <u>southamptondaycamp.campbrainregistration.com</u> for enrollment status, registration, paperwork, health forms, payments, and account statements. (Tax ID Number: 23-1907-692)

Social Media: Follow us on Instagram & Facebook for camp updates and highlights.

**Email:** For timely matters, <u>please call during office hours instead of emailing</u>. Our main email address during the summer is <u>office@southamptondaycamp.com</u> and our Transportation Supervisor can be reached at <u>Transportation@southamptondaycamp.com</u>; however, there may be a delay in response during the summer. Our Executive Director's email is <u>Lindsay@southamptondaycamp.com</u>.

# SOUTHAMPTON SUMMER DAY CAMP 2024 Monday, JUNE 17– Friday, AUGUST 9, 2024 CAMP CLOSED ON Thursday, JULY 4th

Our full camp day runs from 9:00 AM to 3:45 PM. Scheduled activities start at 9:20 AM and conclude at 3:15 PM. Mini Day is from 9:00 AM to 1:30 PM. Here are the details regarding camp arrival and dismissal times:

- Arrival:
  - o Extended Care drop off starts at 7 AM.
  - o Buses pick up campers between 7:50 AM and 8:50 AM.
  - o Parent drop-off is between 8:30 AM 9:05 AM.
- Dismissal:
  - o Bus dismissal from camp usually begins at 3:45 PM. Campers typically arrive home between 4:00 5:00 PM.
  - Parent pick-up is between 4:05 4:20 PM. Parent vehicles will not be allowed to enter the parking lot until 4:05 PM, after all buses and staff vehicles depart. For safety, NO LEFT TURNS can be made into our parking lot during camp hours.
  - o Extended Care pick up is between 4:05 PM 5:30 PM.
- <u>The SSDC Parking Lot will be closed to car traffic every day from 3-4 PM. This allows</u> our buses to pull into the parking lot and be ready for campers to load safely.

# THE OFFICIAL **PARENTS NEED TO KNOW LIST** Assorted "THIS & THAT'S" in ABC Order!

**ACA ACCREDITATION:** SSDC is a proud member of the American Camping Association, holding camp to the highest standards in safety, programming, staffing, facilities, and security in camping.

ALLERGIES Southampton is **NOT** a peanut free or any other food free environment. Many people have many different kinds of allergies. At SSDC we are certainly sensitive to those with allergies and we pledge to do our utmost best in keeping everyone safe and educated about our campers' issues. **Please be sure to clearly state any allergies on your medical forms and your Camper Profile Forms.** 

Everyday our kitchen staff makes individually wrapped peanut butter and jelly sandwiches. We also check for cross contamination on all product labels. However, not all of our supplier's label in this way, and manufacturers may change their labels without notice. Therefore, we are unable to guarantee avoidance of cross-contact with regard to nuts. You and your camper should always ask questions about unfamiliar food. A two-week menu is sent home for you to peruse. If your allergic camper is able to eat in a restaurant, you will find camp to be a great and safe haven. Our Dining Hall Supervisor, Lauren Mandel, is always available to answer questions. Please call the office if you'd like to speak with Lauren.

Parents of campers who have **food allergies** who wish to participate in Hampy's Kitchen (cooking) may be required to sign a permission slip to participate. If a parent feels that it is in the best interest of their camper to not participate, an alternate activity will be arranged by our Program Supervisor. Parents can opt in to receive the ingredient list each week via email, prior to the activity, in order to determine if a camper can/cannot participate or if you would like to send in an alternative ingredient for your child to use.

**BUNKS!** We call our groups "Bunks!" Every camper will be assigned to one bunk #. Our littlest campers are Little Hoots and Owlettes. Typically, our bunks are assigned by current grade going into the summer. All other bunks are assigned a number. Girls are always even and boys are odd numbers. Campers will stay with their bunks throughout the day (with the exception of club period). Each bunk will have an assigned Bunkhouse to store camp bags and change during the day.

**BUNK COUNSELORS** Your child's group will be supervised by one of our skilled Senior Counselors. These are teachers, coaches, parents, former campers, and college Education Majors with training and/or experience in education and camping. Your Senior Counselor will oversee your camper's SSDC day to day experience. The Senior Counselor of each bunk will work closely with a team of co-counselors consisting of a combination of Assistant Counselors, Junior Counselors, Junior Assistant Counselors and/or Counselors/Leaders in Training. Senior Counselors will contact parents prior to the start of camp to introduce themselves. Please discuss any concerns about your camper with the Senior Counselor at this time. **During the summer, if you wish to speak with your child's Senior Counselor, please call the office with your request**. We will ask the counselor to call you in the evening. We respectfully ask that when you do talk with the counselor that you respect their family time after camp as well. You are always welcome to speak with a Division Supervisor or our Camp Director, Lindsay, as well about your concerns or questions.

## **COMMUNICATION WITH CAMP**

DURING THE CAMP SEASON: CAMP OFFICE: 215-355-4567; 8AM – 5:30PM MONDAY -FRIDAY

If you need anything at all, your first call should be to camp! During the season the camp office is open from 8:00 AM - 5:30 PM Monday through Friday. If you call after hours, please leave a message. A call will be returned the next morning.

**DURING THE CAMP SEASON, PLEASE DO NOT RELY ON EMAIL TO COMMUNICATE A TIMELY MESSAGE**. We are so very busy during the day and night that we cannot always monitor or respond to emails in an efficient manner during the summer. Please call the office. Thank you for your understanding.

Senior Counselors will NOT be able to communicate with you during the camp day via their personal cell phone. We need our Counselors to be focused on the campers during the day. If you would like to speak to your child's Senior Counselor, please call the camp office and we will arrange a time for the Counselor to give you a call!

If you need to arrange alternate transportation plans for your camper, including an early pick up, please write a note and hand it to your Camper's Bus Counselor and/or Parking Lot Staff. The note should contain the Camper's Name, Date /Time, Details of your Request and Signature. Once the note is received, the Office Staff will call you to confirm. If you'd like, in addition to the note, you can also call camp with the information.

Throughout the summer, you will receive information via email as well as papers that come home in your Camper's bag.

SSDC utilizes SMS communication for timely information such as bus delays, emergency information etc.

## **CLOTHING**

Campers should wear comfortable clothing. **SNEAKERS MUST BE WORN FOR CAMP ACTIVITIES. If your camper cannot tie their own shoelaces, <u>it would be helpful for</u> <u>them to wear Velcro sneakers to camp.</u> Sandals/flip flops are <b>not** to be worn for any activity except to and from the pool for safety. **ALL CLOTHING AND PERSONAL EQUIPMENT MUST BE CLEARLY LABELED WITH THE CAMPER'S FULL NAME!** We have a better chance of returning lost items if they are properly marked. Each child should bring **two bathing suits** and **two towels daily.** Stow a plastic bag in the camp bag for wet items. Pack these in a labeled carry bag. \*\*Please note! We ask that all campers wear their bathing suit to camp under their clothes. This facilitates using all the time allotted for the Instructional Swim.

## **CLOTHING & ITEMS TO BE KEPT AT CAMP**

We request that each camper keep the following items at camp: <u>An extra full change of clothes including:</u>

- 1. <u>underwear & socks</u>
- 2. <u>a shirt</u>
- 3. <u>a jacket or sweatshirt</u>
- 4. <u>a raincoat or inexpensive disposable poncho (think dollar store & cut to fit short legs!)</u>
- 5. <u>a pair of long pants</u>
- 6. <u>pool shoes (i.e. flip flops or old sandals)</u>
- 7. **SUNSCREEN!** Parents are asked to apply the first application at home.
- 8. Swim Goggles optional

Keep a large tube of sunscreen at camp with your camper's name on it. Sunscreen sticks or roller balls are also useful! Please write name clearly with permanent marker over tape. (marker tends to wear off by itself). REMINDER: NO SPRAYS OF ANY KIND AT CAMP PLEASE! Sprays are a safety hazard to those near the person using the spray! This includes deodorants, perfume, bug spray, and sunscreen.

Suggestion! An oversized Ziploc bag with a handle works well for storing "At Camp Clothes". Whatever you do use, please clearly label the bag with your child's name, bunk # and have it marked **"CLOTHING TO BE KEPT AT CAMP"**. Please remember, camp is for fun! Your child will be running, jumping, sliding, hiking, eating, riding, working with <u>various art media</u> and changing clothes! <u>PLEASE DO NOT SEND EXPENSIVE CLOTHING</u> <u>TO CAMP!!</u> Very casual, rugged outfits are best! Label everything you care about! **If your camper is in Junior camp you can bring your "stay at camp" clothes bag with your at your "Meet the Counselor" date!** 

## **CLUBS**

When club forms are available, please complete them in A.S.A.P., if you haven't done so already! Club choices will vary according to the age of campers. We ask that club choices are made in priority order, from your specific choices only. Rona, "The Club Lady", will do her best to quickly sort everything out, wave her magic wand and get clubs started!

## **CONFIDENTIAL ISSUES**

Please be sure to discuss any concerns with your child's Senior Counselor when the counselor calls your family before camp. Please discuss extraordinary medical, social, emotional or behavioral issues directly with Lindsay Blum before camp begins. Camp may share confidential info with your camper's adult staff if deemed important in the care of your child.

## **COLOR GAMES**

Color Games (or Color Wars as it's called at other camps) is a time-honored camp tradition. It is the most competitive activity at camp when the Gold and Brown Teams draw the line in the sand to gather together and earn the title of the winning team for the summer. Spirit and camaraderie are high during this week. It is "one for all and all for one!" The week concludes with a Color Sing and the final scores are tallied to reveal the winning team. It is a much-anticipated event! At SSDC we have always had a story-based Color Game experience. This can be very tricky to pull off. We have a wide spread of camper ages to thrill from 3 ½ to 14 years, not easy to do. **To Parents of our little campers:** At the beginning, our little campers may not get the idea of what's going on, but they quickly start to realize that something big is going on and it involves our beloved mascots Hampy, Honey and Hoot! They actually learn a lot from the older campers. We try not to make it too scary, but like all great stories, there is usually a "villain" (played by our silly, dramatic camp staff) that the camp must rally together to defeat. We do have a wide range of imaginations and we try our best to make sure all campers understand this is just make believe!

The best idea is to engage your camper about what is going on during Color Games, share the fun and tell your little camper that it is just like a story in a book and that you know everything will be okay! Campers do get the idea and learn through the experience that teamwork and honest effort are all good things! Winning and losing is a part of life. But not to worry; at the end of Color Sing, we gather together to shout the traditional, "IT JUST DOESN'T MATTER" chant until we are all convinced, signaling that Color Games was great fun and we put it away in our memory boxes until next summer. Camp then goes on. Parents can reassure the little ones that it is make believe and everything will be OK!

## **DIVISIONS:**

At SSDC, the camp is divided into three divisions based on age/grade. Junior Camp is current Pre-K through 1<sup>st</sup> Grade. Senior Camp is current 2<sup>nd</sup>-3<sup>rd</sup> Grade. Varsity is current 4<sup>th</sup> – 6<sup>th</sup> Grade. CIT/LITs are current 7-8th Grade. Each division shares line up, clubs, and league periods. Each Division has at least one seasoned Supervisor. Each division has unique activities and club selections.

## EAR MOLDS, INHALERS, EPIPENS

Prescription ear molds or hearing aids are not to be put in place or removed by anyone except the camp nurse or a qualified person designated by the camp or approved by the parent. Please provide a clearly labeled container with your camper's name & bunk #. If you want your camper to be responsible for their own medical equipment (i.e. inhalers, epipens, etc.), please send a written/dated note to the office. If you are not sure, please call the camp office to discuss.

## **GUM, CANDY & FOODS TO BE SHARED COMING INTO CAMP**

<u>GUM IS A SAFETY HAZARD WHEN PLAYING SPORTS!</u> Please discuss this with your camper. It is also not pleasant when it is not properly disposed of and it ends up on your shoes, clothing or in your hair. **Candy and treats can become a problem when campers bring in bags of candy, etc.** If you wish to send in a treat for a birthday, call the camp office to let us know and the treat will be stored in the camp kitchen. Please label with a name and bunk #. There are children in camp who have various food allergies. We need to be aware of what is brought into camp for consumption. Your cooperation will be greatly appreciated and will help us keep everyone safe!

**HAMPY, HONEY & LITTLE HOOT!** Our beloved mascots! Hampy, Honey, & Little Hoot are the most adorable, "real," life sized owl family you will ever meet. We celebrate Hampy's birthday every summer and they are the heart and soul of our camp spirit!!

## MEDICAL FORMS

Every camper must have an up to date signed physician form with immunization record prior to the start of camp. Your camper's physician must complete this form within 12 months of the camp start date. If your child has had an examination within the past year, your doctor may fill it out for you without a visit. Your child needs his or her medical information to be on file in the nurse's office.

Every camper also needs a completed Camper Health History Form, which can be filled out by a parent/guardian online via parent portal. This form is required to administer medicine and treat your camper.

In case of an emergency, we always try to contact the parent first. Please keep all of your contact phone numbers current. Please complete all forms by May 1<sup>st</sup> to give our Nurse time to review the forms. The Camp Nurse will call to clarify health issues if necessary.

<u>Any camper who goes out of camp for any trips, MUST have a completed medical</u> form in the camp office prior to the trip to participate.

## **MEDICATIONS**

The only person at camp who is permitted to dispense any medication whatsoever, prescription *or* non-prescription, is the camp nurse or a qualified person designated by the camp! This system assures all concerned that the exact time and dosage will be given. If your child needs medication dispensed anytime during their camp day, all medications must be kept in camp until the medication is no longer required. **NO MEDICATIONS WILL BE SENT BACK AND FORTH FROM CAMP AND YOUR HOME.** If you need medication at home, discuss with your pharmacist about "halfing" the medication. Any medication sent to camp must be in the original pharmacy container, be labeled, and have complete directly to the office via your child's bus supervisor or handed to a staff member at parent drop off to ensure proper and timely delivery of medicines and notes! <u>PLEASE DO NOT PLACE ANY SUCH ITEMS IN YOUR CHILD'S CAMP BAG!</u>

All medications must be included in the Camper Health History Form. <u>If a camper needs</u> to be given medication or if you want your child to be given acetaminophen as needed or any other medicine as needed, you must include this in the Health History Form online.

## FIRST CAMP DAY MEDICATIONS

If your camper needs to be given personal medication on the first day of camp, please arrange to bring the medication to the camp office <u>BEFORE THE FIRST DAY OF CAMP</u>. Call us at the camp office to let us know when you plan to drop off medicines.

If you need to speak to a Camp Nurse about your child's medication or medical procedures for the first day of camp, please contact camp <u>at least one week prior to the first day of camp</u>. This will allow time for our Camp Nurse to discuss your concern prior to the start of camp.

## **JEWELRY**

Please do not allow your child to wear jewelry to camp. This includes rings, watches, earrings and necklaces. The wearing of jewelry is a safety hazard while playing sports, participating in gymnastics and in the pool. Campers wearing hoop earrings or necklaces especially for gymnastics, will be asked to remove them for the activity; earrings will be taped. The potential for lost items is great. The solution is not to wear jewelry to camp especially expensive or sentimental jewelry.

#### JUNIOR CAMP MEET & GREET

Our littlest owls in JUNIOR CAMP ONLY will be invited to meet their Senior Counselor on a specific day and time. If you would like to stop in at camp before the first day, your counselor will not be here, but please call the camp office to let us know when you would like to visit and walk around on a self-guided tour.

#### **NEW/RETURNING CAMPER TOURS**

We generally assume that new campers who are in Senior or Varsity Camp have visited camp on a personal tour prior to registration. If a camp family wishes to visit camp before the first day, just call us at the camp office to arrange a convenient time to check out camp on a self-guided tour and say hello. We do usually offer group tours for new families at least once prior to the summer!

## **OFFICIAL CAMP TEE SHIRT**

The custom designed camp tee shirt is a gift to all campers. You were sent a gift tee shirt order form requesting your camper's desired size. The <u>smallest size</u> that we can screen print is a <u>Youth Small</u> due to the art and size of the design being printed. Our mommies of our littlest campers get very creative in using hair elastics to "re-create Hampy's shirt size!" **Shirts will be distributed on the first day of camp.** 

## PERSONAL BELONGINGS, SPORTS EQUIPMENT

Please do not allow your camper to bring expensive or sentimental belongings or equipment to camp. This includes expensive tennis racquets, baseball bats, gloves, hockey sticks, **iPods/iPads, cell phones\*,** card collections, etc. Children lose things. Let's keep camp stress free. **If you choose to still bring these items to camp, make sure a name is clearly written on the item and be aware of the great potential for damage or loss.** *Camp cannot be responsible for items like these brought to camp.* 

## **\*REGARDING CELL PHONES**

It is camp's preference that cell phones not be brought to camp. If you, as the parent, feel that your camper must have a cell phone, please discuss with your camper the storing of such items at camp. Parents, by law, are responsible for their children's cell phone use if they use a cell phone to take unwanted, questionable or inappropriate pictures of other people. It is a problem when uninvited pictures are taken and such pictures are distributed to other phones or Internet sites. Parents are ultimately responsible for their child's conduct. Camp cannot be responsible for cell phones or their use, or other electronic devices brought to camp.

## **SPIRIT DAY – EVERY WEDNESDAY!**

Every Wednesday is a day to wear any Southampton Day Camp shirt to show your spirit! It is for fun and pride. Of course, camp shirts can be worn any other day as well! (It would make Hampy's famous smile even bigger!) Camp also has spirit days when we do silly things such as Backwards Day, Crazy Sock Day, Wear YOUR Pajamas to camp for "Breakfast For Lunch Day", etc. We hope everyone will join in being silly for a day! These days will be listed on the camp calendar and menu.

## **SPIRIT STORE**

You can order SSDC camp gear anytime by visiting our online Spirit Store (link on website)! All printing and shipping is managed by our partners at Destination Athlete. We do have Brown & Gold Spirit shirts for sale in the office throughout the summer as well. Just call the office if you'd like to purchase!

## SWIM AT SSDC

We have 3 heated pools, enabling us to provide age-appropriate swim instruction in a comfortable environment. The program is overseen by our Director of Swim Instruction. Southampton uses the most current American Red Cross guidelines. All campers are evaluated the first week of camp and placed in an appropriate swim groups. Passing the **Deep-Water Test** is the golden ticket into the deep end, the slides and diving boards. Swim instructors will determine if campers are ready to take the test. It may take a few good efforts to pass. A camper or parent may also request that the test be given. Call the camp office to let us know. **Please be aware that our testing standards may be much more stringent than other venues.** 

**DEEP WATER TEST** The Deep-Water Test is jumping into the deep end of the pool (6 feet – the pool with the slides), coming to the surface and treading for 30 seconds, then without hesitation front crawl (comfortably – without struggling) to the 2<sup>nd</sup> rope at the shallow end of the pool (just to the right of the lifeguard stand).

## **PICTURE DAY & PHOTOS!**

Camp has an official camp photographer, and photos are loaded onto our website weekly so parents, campers & counselors can enjoy them. There is a password required to view the photos on the website. Parents/Guardians must provide photo consent for their campers to appear in these photos. Every summer, we have Camp Picture Days! Our goal is to include each Camper in the bunk photo – and we do our best to find opportunities to make up photos for campers who are not present during Picture Day; however, it is not always possible. Families can order Camp Photos, Bunk Pictures and Sibling Pictures through our partner, JC Campoli. Directions are provided in early summer.

## **SECURITY**

SSDC takes every precaution to keep our camp community safe and secure. Our front Gate is closed outside of pick up/drop off times. We work with local authorities on emergency protocols and policies to ensure we are up to date with the latest recommendations for safety. All staff must wear ID badges at all times. Our senior staff uses 2-way radio systems, allowing us to communicate across the entire camp within seconds. In 2024, the camp will have an added security presence on the grounds during the camp day.

## SOCIAL MEDIA (CAMP'S CHANNELS)

SSDC has a dedicated Social Director who captures and creates amazing content for our community. We mostly utilize Instagram and Facebook to share daily photos, videos and fun updates/reminders. We urge everyone to join our social community; however, all important communication will come through email, papers sent home, phone calls, and/or SMS text. Our Camp social media channels are public. We do post a lot during the summer, especially on "stories." In order for campers to be featured on our social media channels, parents must provide photo consent.

## VISITING WEEK

During the camp season we have a designated Parent Visitation Week for parents/caregivers/grandparents/siblings to come see your child in action at SSDC! Due to our limited parking and jam packed schedule, each family will be assigned a day and time to visit. If you cannot attend during your assigned day/time, just call the office and we will happily switch you to another day that week! We ask that each family only bring one car, you will receive a parking pass during the summer for a particular day. During visiting week, visitors are invites to observe activities in the morning, up until lunch time! Our catering team prepares a special boxed lunch to go for all visitors on your way out!

Visiting Week is always exciting for kids, but it can also be overwhelming. We ask that you try your best to observe your child and do not pull them away from their bunk activities. Counselors will say hello to all Visitors, but they will not be able to have lengthy conversations as their focus must stay on the campers. Thank you for understanding!

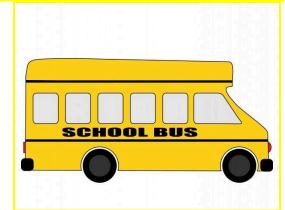
Outside of Visiting Week, any special visitors on the camp property are required to sign in / out of the office and wear visitor badges while on the camp grounds.



## **WEBSITE** www.hampyowl.com or www.southamptondaycamp.com

The website will be updated throughout the summer to include the CAMP MENU, CAMP CALENDAR, CAMP PHOTOS, etc. Please feel free to browse our website for additional resources. The most useful tab in the summer is CURRENT FAMILIES, 2024 PARENT RESOURCES! <u>http://hampyowl.com/parent-resources/</u>

# TRANSPORTATION AT SSDC



- 1. Camp-Provided Transportation
- 1. Parent Transportation
- 2. Extended Care

We ask that all families select transportation carefully, based on what works best for you on a consistent basis. All of our transportation options are offered as AM/PM trans. As a Day Camp, we take on the responsibility of ensuring campers get to/from camp each day safely. In order to make this happen in a safe and efficient manner each morning and afternoon, we need strong partnership and communication from our parental community. We have provided several options for parents/guardians in order to accommodate various needs and schedules. We ask that for the 8, 6 or 4 weeks your camper(s) are at SSDC that you remain as consistent as possible with your transportation selection in both the AM and PM. Of course, we understand there will always be exceptions and emergencies and we will always do whatever we can to accommodate our families; we just ask that you kindly follow our Transportation protocol as often as possible.

## 1. CAMP PROVIDED TRANSPORTATION:

SSDC proudly offers daily door-to-door transportation to and from camp each day. This service is included as part of tuition. Our policy has always been to provide door to door transportation for campers, whenever possible. Certain circumstances such as small cul-de-sac or rural farm entrances may give rise to adjustments in this regard. Some areas may not be serviceable at all due to multiple factors such as distance, traffic patterns, available vehicles etc. In these cases, camp will notify you at the earliest possible time. We may ask that you meet the bus at a convenient location.

Choice of transportation vehicles for all campers is made by the Directors based on the best interests of all campers. In 2024, all of our Camp Transportation vehicles will be air-conditioned school buses and school bus vans. Buses and Transit Vans are driven by Commercial Drivers Licensed (CDL) drivers. Routes are designed with detailed scrutiny to provide the best possible experience for all campers.

In addition, SSDC provides a Bus Supervisor on all buses. The role of the Bus Supervisor is to take attendance and provide leadership and assistance to ensure the comfort and safety of all campers.

Star seats (5 point harness seat belts) are available by request. All vehicles are fully licensed and insured. Based on PA State regulations, some younger children may be required to wear a star seat

All campers are picked up and returned to the same address each day in the same scheduled vehicle. Any request for deviation from this policy may result in additional costs and is not guaranteed. Please understand we cannot accommodate every request for dual transportation situations. Transportation to and from more than one address usually results in additional costs. Moving to a new address during the summer resulting in a transportation change may or may not be possible. Please alert camp if this will occur as soon as possible.

Any requests for extra transportation accommodations should be addressed to our experienced Transportation Supervisor and dedicated educator, Jason Goldberg <u>Transportation@SouthamptonDayCamp.com</u> or by calling the office at 215-355-4567.

In the event of a delay or vehicle issues, the Bus Supervisor will communicate immediately with the camp office and parents will be notified of the situation and delay.

Before camp begins, in early June, you will be contacted by your Bus Supervisor to inform you of your child's ESTIMATED pick-up and drop-off times.

We greatly appreciate parents' flexibility and patience, especially during the first week of camp. Numerous factors impact pick-up and drop-off times. Children need to become accustomed to boarding and departing vehicles safely. Traffic patterns may require route adjustments. As each day passes, the pick-up and drop-off times will become fairly consistent.

We ask that parents educate their campers on the importance of vehicle etiquette: courteous and safe behavior at all times. Bus Supervisors may assign seats as needed to ensure the safety of all campers. No food or drink on camp vehicles, besides water, please.

<u>Camp-Provided Transportation Emergency Plan</u>: Parents of campers who choose Camp-Provided Transportation are required to complete an EMERGENCY PLAN FORM. This form is given to parents by the Bus Supervisor on the first day of camp. It is to be completed and returned directly to the Bus Supervisor.

Drivers will not drop off any camper without being sure that a parent or caregiver is present and the camper is safe. If a parent is delayed, the Emergency Plan will provide the Bus Supervisor and Driver with an alternative/emergency drop-off location. In this event, camp will communicate with the parent. The Emergency Drop-Off Location must be close to the camper's home. As a last resort, a camper will ride to the end of the route and then be brought back home again. If no one is at home, the camper will be brought back to camp for pick-up by the parent.

Our job is to ensure that our campers enjoy EVERY part of their day, and their ride to and from camp is no exception! Our Transportation Supervisor, Jason Goldberg, will be happy to help with any questions or concerns about transportation. Do not hesitate to reach out!

For more detailed information regarding our approach to Camp Transportation, please see our full 2024 Transportation Policies here: <u>2024 TRANSPORTATION POLICIES</u>

## 2. PARENT TRANSPORTATION:

This provides you, the parent/caregiver, with the option of dropping off and picking up your child at camp every day. If you choose this option, you will receive a transportation rebate.

Our morning and afternoon parking lot routine is like finely-tuned choreography. We appreciate everyone's cooperation to ensure that this safe system runs like clockwork. DETAILED INSTRUCTIONS will be provided prior to the first day of camp. Some key points:

- Campers must be dropped off at camp between 8:30 AM and 9:05 AM.
- Campers must be picked up between 4:05 PM and 4:20 PM.
- Parents must remain in their vehicles while trained SSDC staff members assist campers from/to their cars with their belongings.
- For safety: Campers will exit from the right side of the vehicle in the morning and enter through the left side of the vehicle in the afternoon.
- Campers' bags are to be IN the vehicle with the camper and not in a trunk area.
- Cars will not be permitted into the lot before 4:05 PM
- For everyone's safety, NO LEFT TURNS are permitted to be made into our parking lot during the camp day.

## 3. EXTENDED CARE

- Before Care: Before Care begins at 7:00 AM to accommodate early drop-offs.
- After Care: After Care concludes at 5:30 PM to provide extended supervision for campers.

Before and after camp care is provided at an additional charge to accommodate families' scheduling needs. Extended Care is a supervised program designed with the hours in mind and led by a mature and qualified Extended Care staff. Campers have the choice of various activities in intimate group settings and are given multiple options based on weather and personal preferences (ie. indoor/outdoor, quiet/active, sporty/creative, etc.).

- Snack is provided
- Space is limited
- Pre-Registration is required
- Pricing is dependent upon hours selected

• We try to make Extended Care as special as the camp day... which is why so many Afternoon Extended Care campers beg their parents to stay "just a little bit longer!".

## **ALTERNATE TRANSPORTATION**

If you need to pick your child up from camp on any given day, you can pick up BEFORE 3 PM or utilize our "Extended Care" option for the PM (4:05-5:30 PM) at a drop in rate of \$10/day. A note and/or phone call before 12pm on the day of requested change is needed to secure a spot in After Care.

## **UPDATES TO 2024 TRANSPORTATION POLICY:**

In 2023, we received an overwhelming number of last minute requests to switch Campers from Camp Transportation (Bus) to Parent Transportation in the PM. These requests were sent in via notes, texts, emails, and calls at all times. Some requests were even to have campers picked up by unauthorized persons not familiar with camp. It is nearly impossible to accommodate all of these requests, keep all of our campers safe, and have an efficient/on -time dismissal every day. We have discussed the biggest challenges and potential options we can provide in order to give parents flexibility without compromising our daily transportation safety or efficiency.

## Please see the following 2024 Transportation Policies updates:

If your child is assigned to Camp Transportation and you need to pick up from camp, it is the parent's responsibility to pick the camper up BEFORE 3PM. If that is not possible, Campers can be picked up in Extended Care (with a drop in fee of \$10/day).

Campers usually assigned to CAMP TRANSPORTATION will not be picked up at the designated PARENT TRANSPORTATION area, they must be signed out - either before 3PM in the office or after 4:05 in Extended Care (drop in rate of \$10/day). <u>This is for the safety of all campers, we thank you for understanding.</u>

All families are welcome to drop their campers off on any given day between 8:30 AM -9:05 AM. If you are assigned to CAMP TRANSPORTATION and decide to drive your camper on any given day, please call your Bus Counselor and the Camp Office as early as possible to let us know if you do not need Camp Transportation on a particular morning.

If you would like your child to go home with another camper, please do not assume that CAMP TRANSPORTATION is available, please call the camp office BEFORE arranging your plans. We MUST have a signed and dated permission note from BOTH families involved. We will confirm if requests are possible with a phone call. This is for everyone's safety.

Please understand the campers who are not assigned to CAMP TRANSPORTATION are not permitted to take CAMP TRANSPORTATION to/from camp. No exceptions will be made. Please understand that campers who are assigned to CAMP TRANSPORTATION must be signed out by a parent/guardian/authorized adult before 3PM or in Extended Care. Again, this is for the safety of all campers. Please call the office by 12 PM on the day of the change request, and/or hand a note to your Bus Supervisor or Camp Staff at drop off requesting any changes. A camper will go home on their normal camp transportation if a note is not received or a phone conversation has not been had with our Transportation Supervisor.

## SSDC SECURITY, THE GATE, LATE ARRIVAL, EARLY DISMISSAL PROCEDURE



## Security:

- Our #1 priority at SSDC is to keep our campers and staff safe. We have always worked closely with local authorities on emergency protocols, procedures, patrols and needs. In 2024, we will have an additional security presence dedicated on a daily basis.
- We will conduct emergency security drills during the first week of camp to ensure we are prepared as a camp community.

## The Gate:

- Around 9:25 AM, after morning camp traffic, the gate is closed, and visitors are greeted by Dave, a valued member of the SSDC family.
- Visitors must identify themselves and their purpose, and Dave communicates this information to the office.stop
- Cleared visitors must park, report to the camp office, sign in, and wear a camp visitor badge if going onto campgrounds.
- The gate remains closed until dismissal, ensuring privacy, safety, and well-being for all at camp.

## Late Arrival:

- If your child arrives late (after 9:15AM), Dave will assist you upon entry to park and sign your children in.
- A staff member will escort the child to their bunk house and scheduled activity.

## Early Dismissal:

- All early dismissals must be arranged through the camp office without exceptions.
- If you would like your child to be ready at a specific time, please call the office in the morning and/or send in a signed/dated note including the camper's name, bunk number, pickup time, date, and pickup person's name.
- If someone other than the parent is picking up, they must bring and show ID.
- If a note is not possible, a phone call is acceptable please call before 12PM noon if possible!

- Bunk counselors will not be checking their phones during the day, so please do not text or call them with a request to have your child ready at a specific time. All communication must go through the Camp Office.
- If we do not have prior notice to your child being picked up early, please understand that we will communicate with the Counselor at the time of your arrival and you may have to wait for 10-15 minutes for your child to be escorted to pack their belongings and meet you at the office.
- Parents must sign out their child, and if the office staff is unsure of their identity, they will be asked to show ID.
- Campers will be brought to the office by a field supervisor at the designated dismissal time, and pickups should be no later than 2:45 PM so you can exit the parking lot by 3:00 PM.
- You will not be able to pick your child up between 3:00 PM -4:05 PM, as our parking lot will be closed to all car traffic in order to accommodate our buses and a safe dismissal for all campers.
- If you arrive after 3:00 PM, we will kindly ask that you return after 4:05 PM.
- We understand that emergencies do pop up we will always do our best to accommodate your needs in these situations.

## IMPORTANT POLICIES

**Non-Bullying Policy**: Southampton Summer Day Camp (SSDC) is committed to providing a safe and inclusive environment where all campers, staff, and visitors are treated with respect and dignity. Bullying of any form will not be tolerated within our camp community. Bullying includes, but is not limited to, verbal, physical, social, and cyberbullying.

Bullying is defined as any deliberate, repetitive, and aggressive behavior intended to harm, intimidate, or coerce another individual or group. This behavior may involve a power imbalance and can take various forms, including:

- Verbal Bullying: Includes name-calling, teasing, insults, and verbal threats.
- Physical Bullying: Involves physical aggression such as hitting, kicking, pushing, or damaging personal property.
- Social Bullying: Refers to spreading rumors, exclusion, gossiping, or manipulating social relationships to harm others.
- Cyberbullying: Occurs through electronic devices or online platforms, including sending hurtful messages, sharing embarrassing photos or videos, or spreading rumors through social media.

Expectations and Responsibilities:

- All campers, staff, and visitors are expected to treat others with kindness, empathy, and respect.
- It is everyone's responsibility to report any instances of bullying they witness or experience to a camp counselor, supervisor, or camp director.

- Campers are encouraged to speak up if they are being bullied or if they witness someone else being bullied.
- Staff members are trained to address bullying incidents promptly and effectively, following camp policies and procedures.

Consequences of Bullying:

- Any confirmed instances of bullying will be taken seriously and addressed immediately.
- Consequences for bullying behavior may include verbal warnings, parental notification, disciplinary actions, or removal from camp activities, depending on the severity and frequency of the behavior.
- Counseling and support services will be offered to both the victim and the perpetrator to address the underlying issues and prevent future incidents.

Prevention and Education:

- SSDC is committed to promoting positive social interactions and teaching campers conflict resolution skills, empathy, and tolerance.
- Educational activities and discussions about bullying prevention will be integrated into the camp curriculum.
- Campers will be encouraged to embrace diversity, celebrate differences, and foster a culture of inclusion and acceptance.

Confidentiality and Support:

- All reports of bullying will be handled confidentially and with sensitivity to the privacy of those involved.
- Campers and staff members who report bullying will be supported and protected from retaliation.
- Counseling services and additional support will be available to those affected by bullying, ensuring their emotional well-being and safety.

By adhering to this non-bullying policy, we aim to create a positive and nurturing environment where every individual feels valued, respected, and empowered to thrive. Together, we can build a community free from bullying and filled with kindness, compassion, and friendship.

**Technology Policy**: At Southampton Summer Day Camp, we believe in fostering an environment where campers can fully engage in the camp experience without distractions from electronic devices. Our technology policy reflects this commitment to creating a positive and immersive camp environment. Please review the following guidelines:

• **Mobile Phones**: Campers are not permitted to use mobile phones during the camp day. We strongly suggest that campers keep mobile devices and any valuable items at home. If a camper must bring a device to camp, it must remain in their bag during the day.



Under no circumstance may phones or cameras be used in the bunkhouse.

- **Smart Watches**: Campers are permitted to wear smart watches, but they may only be used for keeping time. If a camper is seen using a smart watch for texting, calling, or any other purpose beyond timekeeping, it may be confiscated for the day. If the device becomes a distraction, we may require the camper to keep it at home.
- **Confiscation Policy**: If a camper is observed using a mobile device during the camp day, it will be brought to the office for safekeeping and returned to the camper before dismissal.
- **Staff Use of Technology**: Staff members may use mobile devices and smart watches during the day for timekeeping and emergency communication purposes only. Under no circumstance should staff members be texting, calling, scrolling, or posting to social media during the camp day without prior approval from the Camp Director. Staff will not respond to parent texts or calls during the camp day.
- **Video Devices**: No drones, video cameras, or other video devices are permitted at camp without approval from the Camp Director.

By adhering to these guidelines, we aim to create a camp environment that promotes meaningful connections, outdoor exploration, and personal growth for all campers. Thank you for your cooperation in helping us maintain this positive atmosphere at Southampton Summer Day Camp.

**Behavioral Policy:** At SSDC, we believe in fostering a positive and respectful environment where everyone can learn, grow, and have fun. Our behavioral policy outlines our expectations for campers and staff to ensure a safe and enjoyable experience for all.

Expectations:

- Respect: Treat others with kindness, consideration, and respect at all times. This includes fellow campers, staff members, and property.
- Safety: Follow all camp rules and guidelines to ensure the safety of yourself and others. Listen to and cooperate with staff instructions, especially during activities and emergencies.
- Cooperation: Participate actively in camp activities and follow instructions from counselors and supervisors. Work together with others in a spirit of teamwork and cooperation.
- Responsibility: Take responsibility for your actions and their consequences. Respect the environment and equipment provided by the camp.

Consequences:

- Verbal Warning: Campers will receive a verbal warning from a Senior Counselor or Supervisor for repeated and/or deliberate behaviors that are in conflict with our expectations.
- Reflection: Continued misbehavior may result in a reflection period of time, where the camper is temporarily separated from the group to reflect on their actions.

- Parental Notification: Parents will be notified of repeated or serious behavioral issues. Collaboration between parents and camp staff may be necessary to address ongoing concerns.
- Suspension or Dismissal: In rare cases of severe or persistent misbehavior, the camper may be suspended or dismissed from camp. This decision will be made in consultation with camp leadership and may involve a review of the camper's behavior history.
- Appeals: Campers and parents have the right to appeal disciplinary actions. Appeals should be made in writing to the camp director and will be reviewed promptly.

By adhering to our behavioral policy, campers contribute to a positive camp community where everyone feels safe, respected, and valued. We encourage open communication and cooperation between campers, parents, and staff to ensure a fulfilling camp experience for all.

## AQUATICS PROGRAM OVERVIEW:

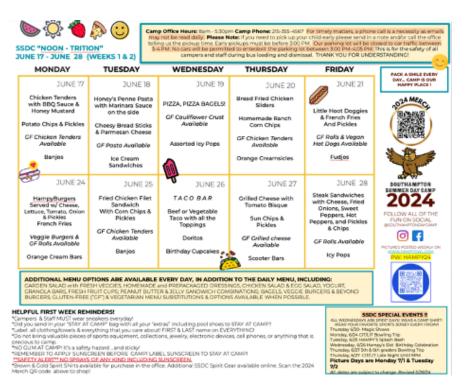
- Southampton's Aquatics program is central to the camp experience, featuring two Olympic size pools and a wading pool, all heated to 81 degrees.
- Supervised by Jessie, the Supervisor of Swim Instruction, and Rob-at-the-Pool, the Supervisor of Aquatic Safety, both experienced educators and longtime members of SSDC.



- Instructional swim is led by certified Water Safety Instructors and Lifeguards, ensuring safety and personalized attention for every camper.
- Campers are evaluated and placed in appropriate swim groups based on American Red Cross guidelines, with progress updates provided to parents throughout the summer. Campers DO NOT NEED TO KNOW HOW TO SWIM before camp starts. We cater lessons to all levels!
- Parents/Guardians will receive progress reports half way through the season as well as at the end of the summer.
- Recreational swim opportunities include access to diving boards and water slides, popular features at SSDC pools.
- Deep Water Test:
- Passing the Deep Water Test grants access to the deep end, slides, and diving boards.
- The test involves jumping into the 6-foot deep end, treading water for 30 seconds, and swimming comfortably to the shallow end.
- Successful completion of the test ensures a rewarding aquatic experience for campers.

## FOOD SERVICE OVERVIEW

- The lunch at camp is always a hit! Think: Walking Tacos, Sushi, BBQ Brisket and Chicken! Of course, we have plenty of kid-friendly food like chicken fingers and nuggets, pizza, macaroni & cheese; this isn't the camp food you remember!
- All of our food is prepared on site by our Head Chef, Brian Bowman, of B&T's Catering. Brian and team are responsible for food ordering, cooking, serving, and food safety.
- Our Dining Room Supervisor, Lauren Mandel, is available to help parents and campers navigate lunch options based on specific dietary needs or restrictions. If you would like to talk to Lauren regarding ingredients, substitution options, or any food related question, please call the camp office!
- In addition to the menu item of the day, we offer a full salad bar with a variety of fresh fruit options, peanut butter and jelly sandwich combinations, bagels as well as vegetarian and gluten free options. Our Dining Hall is air conditioned with music wafting through the air. At Southampton, we see the dining hall as an extension of home. Campers sit with their bunks at the same table every day for during lunch. Food is brought to the table by staff, and campers may help themselves to as much as they want. All counselors make sure plates are looking full, fresh and colorful.
- Whether it's a food allergy or the pickiest of eaters, our staff will make sure your camper feels comfortable, confident and receives the attention he or she requires when it comes to diet. At SSDC our senior counselor's and their staff are here to help your child navigate the daily lunch menu. We provide meal accommodations to anyone with gluten, vegetarian or any other allergies. Our goal is to reasonably accommodate your child's dietary needs.
- A morning or afternoon snack with a drink is provided daily. Snack consists of a daily pre-packaged option (cookies, crackers, pretzels, cheese sticks, carrots etc) and fruit is always available. A daily dessert option is offered at the end of lunch. If you camper has an allergy or restriction that prohibits them from enjoying the dessert of the day, an ice pop is always an option!



## 2024 MENU WEEKS 1 & 2

## HEALTH CARE AT CAMP

As members of the ACA (American Camp Association), we meet and exceed the highest safety standards in our industry. The Southampton Summer Day Camp Health Office is staffed by two full-time Registered Nurses who take care of our campers and staff with extra TLC. Our nurses

maintain and ensure a safe and healthy summer for all of our campers. Our caring and skilled medical personnel are at camp at all times to meet each child's needs.

Permission to treat and administer medications must be granted by a parent/guardian by completing the Camper Health History form on the parent portal.

Our nurses will call home during the day to relay important information regarding a camper's medical status if he or she is not fit to remain at camp, a specific injury, or recurring complaint.

In the event of any medical emergency, we will call 911. Our second call will be to the parent/guardian.

Our nurses are available to speak with you before and throughout the summer regarding your child's health needs. Please call camp if you would like to speak with a nurse!

## CAMP ACTIVITIES

Each summer at SSDC is a special combination of our traditional camp spirit, formed over the last 50 summers, along with a unique energy created by all of the contributions of our incredible campers and staff each day. We believe a true camp experience is embracing a combination of tried and true elements coupled with new challenges and adventures, big and small. Above all, the value of a real camp experience and an SSDC summer, is one that you cannot always see. It's the immeasurable impact of building relationships and confidence, overcoming obstacles and the growth we see as a collective camp community and individuals over an action packed 8 weeks.

At SSDC we treasure a mixture of rustic camp moments like going for a nature hike, along with the luxury of air conditioned activities in our modern indoor Fieldhouse. Each bunk has a rotating schedule of activities including sports, leagues, and outdoor games mixed in with boating & fishing, Outdoor Challenge (Climbing Walls, Zip Lines, Bungee Trampoline), Performing Arts, Game Zone, STEAM, Arts & Crafts, Nature, Gymnastics....the list goes on. We are always adding new activities and experiences!

In addition to the daily bunk schedule, we have special events, themed days and weeks that bring the entire camp together to build community, camaraderie and camp culture.

#### Here is a snapshot of the 2024 8 Week Calendar



## Here is a snapshot of the 2024 8-Week Calendar

To see a sample of activities for your camper, please see a sample bunk schedules on the Parent Resources Page on our website: <u>http://hampyowl.com/parent-resources/</u>

Parent/Guardian gives permission to have campers participate in all activities of Southampton Summer Day Camp and to be taken on all out-of-camp trips authorized by the camp. This approval can be found in our 2024 Waiver/Permission Form.

## ACTIVITY AREAS AT CAMP

## AQUATICS

Three sparkling, newly refurbished, heated swimming pools with instructional swim programs taught by our certified Water Safety Instructors and Lifeguards using the American Red Cross Program await your camper. Campers enjoy the diving boards and fun water slides during recreational swim under the watchful eyes of our Aquatics Staff. Themed fun days (Hampy's Splash Bash, Rubber Ducky Contests, etc.) at the pool always make swimming a special treat.

## ATHLETICS

Spacious ball fields and courts as well as numerous hardtop areas enhance skill development in soccer, softball, pickleball/tennis, basketball, hockey, gymnastics/yoga/cheer, volleyball, archery, handball, touch football, newcomb, boxball, gaga, 9-Square in the Air, and many other sports activities. This allows for well-organized league play in soccer, softball, newcomb, flag football, basketball and hockey. A modern, indoor, state of the art collegiate style Fieldhouse with electronic scoreboards can accommodate all sports from futsal, hockey, basketball, and 9-Square in the Air rain or shine.

## **ARTS & CRAFTS**

A traditional camp area that offers take-home projects for all ages. Arts & Crafts, Woodworking, Ceramics, and Jewelry highlight this popular area at camp.

## **PERFORMING ARTS**

A complete indoor area for the creative arts, including a fully mirrored, air-conditioned professional dance studio with a shock absorbing wood flooring system, staffed by experienced dancers, singers, actors and artists. Performing Arts @ SSDC consists of Music, Theatre and Dance. For campers who really enjoy The Arts, camp offers a Dance Club and a Musical Theatre club, which culminates in a much-anticipated end of the season show for families and campers!

## **OUTDOOR CHALLENGE**

All levels of ability find excitement and challenges in our Outdoor Challenge Program. Experienced and well-trained staff ensures consistent and total safety. Whether you are scaling one of our rock walls, zipping one of our ziplines, or taking on our brand-new NINJA STYLE or CONTINUOUS-BLEAY ROPES COURSES, your camper can test their limits, build self-reliance and broaden their horizons.

• **A BIGGER, BETTER, BRAND NEW STATE OF THE ART CLIMBING TOWER!** This newly constructed 3-sided, 28 foot high tower consists of 3-levels of difficulty for all levels of experience. It provides the experienced climber with the highest level of difficulty, along with plenty of paths for beginner climbers to progress towards a more advanced climb to the top. The 3-sided walls consist of over 300 colorful holds of varying sizes and

locations. This tower is a perfect compliment to our brand new "Continuous Belay High Ropes Course" and "Ninja Course" that opened in 2021.

• **AMERICAN STYLE NINJA LOW COURSE.** Take a swinging rope into a cargo net to begin your adventure. Cross the Swing Log, Tire Traverse, Monkey Bars and Indiana Jones Bridge just like a real "Ninja Warrior".

• **CONTINUOUS-BELAY HIGH ROPES CHALLENGE COURSE WITH MULTIPLE PODS**. Put on your harness and helmet to challenge yourself on our new course. Take a vertical climb to a central platform to start your challenge. New elements include an Indiana Jones Bridge, Catwalk, Pirates Crossing and Swinging Chairs, all ending in a "Leap of Faith".

- · Giant Zipline across Lake Daniel
- · Ride the Ridge" Zipline with auto-stop system
- · Giant climbing and rappelling tower
- · Junior Zipline and Air Bungee

## NATURE, LAKE & RIDING CORRAL

Nature is hike based and is enhanced by cool projects. There is always something to check out at the Nature Den; Cool bugs, snakes, baby chicks and ducks hatching, rabbits, frogs, turtles, birds, and more!

Our private spring-fed lake provides good waterfront for our small craft; enthusiastic anglers net or catch their fill from a variety of fish, turtles and frogs.

Campers enjoy a riding program that caters to the youngest pony rider up to the seasoned club rider. Campers also learn how to be safe around horses and pony care! The ponies always love their "hooves done", a cool bubble bath and combing.

## STEAM LAB, GAME ZONE & HAMPY'S KITCHEN

Our STEAM Lab offers campers the opportunity to work together and participate in hands on experiments and challenges across Science, Technology, Engineering, Arts, and Math. This little hub of innovation allows imaginations to soar!

Our Gamze Zone offers Old School Arcade Games alongside popular table games like foosball, air hockey, and bubble hockey. Our Big Blue Imagination blocks can be found in the Game Zone alongside legos, magna tiles, racing tracks and play-doh for our little ones.

Hampy's Kitchen is a fan favorite! A make and take cooking class for camper's to participate in creating a camp treat that they get to enjoy!

## PREPARING YOUR CHILD FOR CAMP!



WOW!!! The summer sunshine is really just around the corner.

Our youngest campers, in JUNIOR CAMP, will be invited to meet their Senior Counselor at camp on a specific day and time prior to camp. This generally falls on a Saturday or Sunday, one to two weeks before the first day of camp. Invitations will be e-mailed as soon as a date can be determined. If you cannot make the appointed time, your Senior Counselor will call to say "Hello."

Junior campers who can't make "Meet the Counselor" or new Senior or Varsity campers, who wish to visit camp before the first day, should call camp to arrange a convenient time to check out camp on a group tour!

Finally, please be sure to discuss any concerns with your child's Senior Counselor when the counselor calls you family before camp. Please discuss extraordinary medical, social, emotional or behavior issues directly with Lindsay before camp begins. Contact Lindsay with any other questions, comments or concerns.

At Southampton Summer Day Camp, we believe in partnering with parents to ensure a smooth transition and positive experience for every camper. Here are some suggestions to help prepare your child for the summer camp adventure:

- Discuss Expectations: Sit down with your child and talk about what they are most looking forward to or concerned about regarding camp. Addressing any fears or uncertainties can help ease their transition.
- Role-Play Social Situations: Practice with your child how to introduce themselves to new friends and engage in conversations. This can help build their confidence in social interactions at camp.
- Review Concerns with Counselors: Encourage your child to communicate any concerns or questions they have with their counselor. Remind them that counselors are there to support and assist them throughout their camp experience.
- Embrace New Experiences: Encourage your child to try new activities and reassure them that it's okay to take risks and make mistakes. Emphasize that participation and having fun are more important than winning or being the best.
- Involve Them in Packing: Let your child help pack their backpack for camp each day. This not only familiarizes them with what they're bringing but also gives them a sense of ownership and responsibility.

- Sun Safety: Teach your child how to apply sunscreen properly and practice tying their shoes if needed. These skills will empower them to take care of themselves while at camp.
- Engage in Post-Camp Conversations: Be prepared to listen to your child's stories and experiences from camp each day. Engaging in conversations about their day helps reinforce their learning and excitement for returning to camp.

By following these tips and actively involving your child in the preparation process, you can help ensure they have a successful and enjoyable experience at SSDC!

## **"THE PERFECT PLACE TO GROW UP", SINCE 1973**

There's always something exciting happening at Southampton Summer Day Camp! Be a part of a friendly camp community that's always abuzz with activity as campers enjoy old time favorites as well as experiencing new ways to have fun.

Since 1973, Rick and Jacque Blum, creators, owners and Executive Directors of Southampton Summer Day Camp, located in Upper Southampton in beautiful Bucks County, have provided recreational and cultural activities for our campers ages 3 to 15. Both Rick and Jacque are experienced educators and have taught in the Elementary through High School levels. Rick's lifelong love of athletics as a player and coach continues to provide SSDC with innovative ideas to motivate campers to build on their own achievements. In 2022, Rick & Jacque's daughter, Lindsay, joined the leadership team as Camp Wide Director. Lindsay grew up at SSDC as a camper and staff member, holding many positions and responsibilities. Lindsay worked as a professional in entertainment, marketing, and media for 15 years.. but never truly left the nest. She was always tied back to SSDC during the summer, and assisted her parents over the winter with various camp tasks. Lindsay brings her excellent leadership, communication, and organizational skills to help SSDC move into its next 50 years. Lindsay is guided by her parents and Senior SSDC Staff, a collective of experienced educators with decades of camping experience. Lindsay has an innovative perspective with great regard for tradition. We are so very lucky to have Lindsay as our Camp Wide Director!