



**SOUTHAMPTON
SUMMER DAY CAMP**

Parent Handbook 2022

February 8, 2022

Dear SSDC Family

Welcome to Southampton Summer Day Camp! Our campers will soon be enjoying a complete program of athletic and cultural activities at Southampton. As parents, you may have questions about your child’s experience at camp. Our web site provides answers to many of your important questions and concerns. In addition, we have put together this handbook to help make your child’s summer a success. Please take the time to go over the information regarding our program, and policies.

We look forward to a wonderful and exciting summer with you and your family. Should you have any additional questions and concerns not answered in this handbook or on our web site, please feel free to call the camp office (215) 355-4567.

We look forward to seeing you this summer!

Rick and Jacque Blum

Owners/Executive Directors

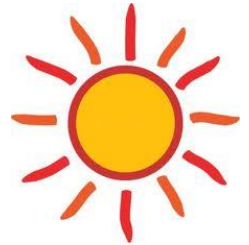
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SOUTHAMPTON SUMMER DAY CAMP
Monday, JUNE 20 – Friday, AUGUST 12, 2022
CAMP CLOSED ON Monday, JULY 4th



THE OFFICIAL PARENTS NEED TO KNOW LIST of Assorted “THIS & THAT’S”

ALLERGIES Southampton is **NOT** a peanut free or any other food free environment. Many people have many different kinds of allergies. At SSDC we are certainly sensitive to those with allergies and we pledge to do our utmost best in keeping everyone safe and educated about our campers’ issues. Please be sure to clearly state any allergies on your medical forms and your Camper Resumés.

Parents of campers who have **food allergies** who wish to participate in Hampy’s Kitchen (cooking) are required to sign a permission slip to participate. If a parent feels that it is in the best interest of their camper to not participate, an alternate activity will be arranged by our Program Supervisor. This form was included in our pre-camp mailer #1. Please return to camp well before the first day to enable our staff to prepare for your camper’s first day.

BUNK COUNSELORS

Senior Counselors will contact parents prior to the start of camp to introduce themselves. Please discuss any concerns about your camper with the Senior Counselor at this time. **During the summer, if you wish to speak with your child’s Senior Counselor, please call the office with your request.** We will ask the counselor to call you in the evening. We respectfully ask that when you do talk with the counselor that you respect their family time after camp as well. **You are always welcome to speak with Rick or Jacque Blum as well about your concerns or questions.**

CAMP PHONE & COMMUNICATION WITH CAMP

The camp phone number is **215 355 4567**. The camp office hours are **8 AM – 6 PM, Monday to Friday**. **Please call during the office hours to speak directly to the office staff**. Please realize that if you leave a message before 8 AM or after 6 PM, your message may not be retrieved until after 9 AM the next morning. **DURING THE CAMP SEASON, PLEASE DO NOT USE CAMP EMAIL INSTEAD OF A PHONE CALL FOR MESSAGES**. We are so very busy during the day and night that we cannot monitor or respond to emails in an efficient manner during the summer. Please call the office. Thank you for your understanding.

CAMP WEBSITE www.hampyowl.com

The website will be updated throughout the summer to include the CAMP MENU, CAMP CALENDAR, CAMP PHOTOS, etc. Please feel free to browse our web site for additional resources. There is also a CAMP COUNTDOWN at the bottom of the Home Page to see how many minutes, hours and days we have until our adventure begins!

CLOTHING

Campers should wear comfortable clothing. **SNEAKERS MUST BE WORN FOR CAMP ACTIVITIES. If your camper cannot tie their own shoelaces, it would be helpful for them to wear Velcro sneakers to camp.** Sandals/flip flops are **not** to be worn for any activity except to and from the pool for safety. **ALL CLOTHING AND PERSONAL EQUIPMENT MUST BE CLEARLY LABELED WITH THE CAMPER'S FULL NAME!** We have a better chance of returning lost items if they are properly marked. Each child should bring **two bathing suits** and **two towels daily**. Stow a plastic bag in the camp bag for wet items. Pack these in a labeled carry bag.

****Please note! We ask that all campers wear their bathing suit to camp under their clothes. This facilitates using all the time allotted for the Instructional Swim.**

CLOTHING & ITEMS TO BE KEPT AT CAMP

We request that each camper keep the following items at camp:

An extra full change of clothes including:

1. underwear & socks
2. a shirt
3. a jacket or sweatshirt
4. a raincoat or inexpensive disposable poncho (think dollar store & cut to fit short legs!)
5. a pair of long pants
6. pool shoes (i.e. flip flops or old sandals)
7. **SUNSCREEN!** Parents are asked to apply the first application at home.

Keep a large tube of sunscreen at camp with your camper's name on it. Please write name clearly with permanent marker over tape. (marker tends to wear off by itself).

REMINDER: NO SPRAYS OF ANY KIND AT CAMP PLEASE! Sprays are a safety hazard to those near the person using the spray! This includes deodorants, perfume, and sunscreen.

Suggestion! An oversized Ziploc bag with a handle works well for storing “At Camp Clothes”. Whatever you do use, please clearly label the bag with your child’s name, bunk # and have it marked “**CLOTHING TO BE KEPT AT CAMP**”. Please remember, camp is for fun! Your child will be running, jumping, sliding, hiking, eating, riding, working with various art media and changing clothes! **PLEASE DO NOT SEND EXPENSIVE CLOTHING TO CAMP!!** Very casual, rugged outfits are best! Label everything you care about! **If your camper is in Junior camp you can bring your “stay at camp” clothes bag with you at your “Meet the Counselor” date!**

CLUBS

When club sheets are available, please send them in A.S.A.P., if you haven’t done so already! **Club choices will vary according to the age of campers. We ask that club choices are made in priority order, from your specific choices only. Rona, “The Club Lady”, will do her best to quickly sort everything out, wave her magic wand and get clubs started!**

Our littlest campers, the **OWLETTES** and **LITTLE HOOTS**, will be treated to a variety of clubs called **LITTLE HOOTS ADVENTURE CLUB!** These activities will rotate throughout the summer. The summer ends with Little Hoot throwing a club party. We have an “owl-full” lot of fun!

CONFIDENTIAL ISSUES

Please be sure to discuss any concerns with your child’s Senior Counselor when the counselor calls your family before camp. Please discuss extraordinary medical, social, emotional or behavioral issues directly with Rick or Jacque Blum before camp begins. Camp may share confidential info with your camper’s adult staff if deemed important in the care of your child.

COLOR GAMES

Color Games is a time-honored camp tradition at camps worldwide. It is the most competitive activity at camp when the Gold and Brown Teams draw the line in the sand to gather together and earn the title of the winning team for the summer. Spirit and camaraderie are high during this week. It is “one for all and all for one!” The week concludes with a Color Sing and the final scores are tallied to reveal the winning team. It is a much-anticipated event! At SSDC we have always had a story-based Color Game experience. This can be very tricky to pull off. We have a wide spread of camper ages to thrill from 3 ½ to 14 years, not easy to do. The format for 2022 Color Games will be modified according to the situation as it unfolds during the final weeks of camp in August. We have several options already prepared and ready to go!

To Parents of our little campers: At the beginning, our little campers may not get the idea of what’s going on, but they quickly start to realize that something big is going on and it involves our beloved mascots Hampy, Honey and Hoot! They actually learn a lot from the older

campers. We try not to make it too scary, but we do have a wide range of imaginations at work and varying degrees of what is real and not real at work.

*The best idea is to engage your camper about what is going on during **Color Games**, share the fun and tell your little camper that it is just like a story in a book and that you know everything will be okay! Campers do get the idea and learn through the experience that teamwork and honest effort are all good things! Winning and losing is a part of life. But not to worry; at the end of Color Sing, we gather together to shout the traditional, **“IT JUST DOESN’T MATTER”** chant until we are all convinced, signaling that Color Games was great fun and we put it away in our memory boxes until next summer. Camp then goes on. Parents can reassure the little ones that it is make believe and everything will be OK!*

EAR MOLDS, INHALERS, EPIPENS

Prescription ear molds or hearing aids are not to be put in place or removed by anyone except the camp nurse or a qualified person designated by the camp or approved by the parent. Please provide a clearly labeled container with your camper’s name & bunk #. If you want your camper to be responsible for their own medical equipment (i.e. inhalers, epipens, etc.), please send a written/dated note to the office. If you are not sure, please call the camp office to discuss.

MEDICAL EXAMINATION FORM

Parents **must** complete and sign a Medical Form for their camper. Your camper’s doctor must also complete this form. If your child has had an examination within the past year, your doctor may fill it out for you without a visit. **BE SURE TO COMPLETE THE PARENT’S PORTION OF THE FORM WITH YOUR SIGNATURE!** In case of an emergency, we always try to contact the parent first. Please keep all of your contact phone numbers current.

Your child needs his or her medical information to be on file in the nurse’s office. Forms should be returned to camp no later than **May 1st to give our Nurse time to review the forms. The Camp Nurse will call to clarify health issues if necessary.**

Any camper who goes out of camp for any trips, MUST have a completed medical form in the camp office prior to the trip to participate.

MEDICATIONS

The only person at camp who is permitted to dispense any medication whatsoever, prescription *or* non-prescription, is the camp nurse or a qualified person designated by the camp! This system assures all concerned that the exact time and dosage will be given. If your child needs medication dispensed anytime during their camp day, all medications must be kept in camp until the medication is no longer required.

NO MEDICATIONS WILL BE SENT BACK AND FORTH FROM CAMP AND YOUR HOME. If you need medication at home, discuss with your pharmacist about “halving” the medication. Any

medication sent to camp must be in the original pharmacy container, be labeled, and have complete directions and a full name. **Medications or any correspondence should be sent directly to the office via your child's driver or bus supervisor to ensure proper and timely delivery of medicines and notes!** PLEASE DO NOT PLACE ANY SUCH ITEMS IN YOUR CHILD'S CAMP BAG!

A **MEDICATION FORM** is included in this mailer and also available at the camp office for a parent or guardian to complete if a camper needs to be given medication or if you want your child to be given acetaminophen as needed or any other medicine as needed. Send this form directly to the camp office. **This form may be copied.** Discard it if you do not need it.

FIRST CAMP DAY MEDICATIONS

If your camper needs to be given personal medication on the first day of camp, please arrange to bring the medication to the camp office **BEFORE THE FIRST DAY OF CAMP**. Call us at the camp office to let us know when you plan to drop off medicines.

If you need to speak to a Camp Nurse about your child's medication or medical procedures for the first day of camp, please contact camp at least one week prior to the first day of camp. This will allow time for our Camp Nurse to discuss your concern prior to the start of camp.

GUM, CANDY & FOODS TO BE SHARED COMING INTO CAMP

GUM IS A SAFETY HAZARD WHEN PLAYING SPORTS! Please discuss this with your camper. It is also not pleasant when it is not properly disposed of and it ends up on your shoes, clothing or in your hair. ***Candy and treats can become a problem when campers bring in bags of candy, etc.*** If you wish to send in a treat for a birthday, call the camp office to let us know and the treat will be stored in the camp kitchen. **Please label with a name and bunk #.** **There are children in camp who have various food allergies.** We need to be aware of what is brought into camp for consumption. Your cooperation will be greatly appreciated and will help us keep everyone safe!

JEWELRY

Please do not allow your child to wear jewelry to camp. This includes rings, watches, earrings and necklaces. ***The wearing of jewelry is a safety hazard while playing sports, participating in gymnastics and in the pool. Campers wearing hoop earrings or necklaces especially for gymnastics, will be asked to remove them for the activity;*** earrings will be taped. The potential for lost items is great. The solution is not to wear jewelry to camp especially expensive or sentimental jewelry.

JUNIOR CAMP ONLY ZOOM VISIT (look for 2022 update)

Our littlest owls in JUNIOR CAMP ONLY will be invited to meet their Senior Counselor **VIRTUALLY** on a specific day and time. Your Senior Counselor will call you to say hello and give you the ZOOM link information. If you would like to stop in at camp before the first day, your counselor will not be here, but please call the camp office to let us know when you would like to visit and walk around on a self-guided tour.

NEW/RETURNING CAMPERS

We generally assume that new campers who are in Senior or Varsity Camp have visited camp on a personal tour prior to registration. If a camp family wishes to visit camp before the first day, just call us at the camp office to arrange a convenient time to check out camp on a self-guided tour and say hello.

OFFICIAL CAMP TEE SHIRT

The custom designed camp tee shirt is a gift to all campers. You were sent a gift tee shirt order form requesting your camper's desired size. The smallest size that we can screen print is a Youth Medium due to the art and size of the design being printed. Our mommies of our littlest campers get very creative in using hair elastics to "re-create Hampy's shirt size!" **Shirts will be distributed to the oldest camper in the family attending camp on the first camp day.**

PARENTS TRANSPORTING THEIR OWN CAMPERS

Parents who have chosen to transport their campers to and from camp will receive instructions prior to the first camp day on the pick-up and drop-off procedure. Parents must stay in their vehicle while camp staff assist campers from their cars with their belongings. Campers will exit from the right side of the vehicle for safety. We request that the camper's bags are in the vehicle, not in a trunk area so the parent can remain in the vehicle at all times. We appreciate your cooperation. Transportation Supervisor, **Jason Goldberg**, will be happy to help you with any questions or concerns about transportation.

PERSONAL BELONGINGS, SPORTS EQUIPMENT

Please do not allow your camper to bring expensive or sentimental belongings or equipment to camp. This includes expensive tennis racquets, baseball bats, gloves, hockey sticks, **ipods, cell phones***, card collections, etc. Children lose things. Let's keep camp stress free. **If you choose to still bring these items to camp, make sure a name is clearly written on the item and be aware of the great potential for damage or loss. *Camp cannot be responsible for items like these brought to camp.***

***REGARDING CELL PHONES**

It is camp's preference that cell phones not be brought to camp. If you, as the parent, feel that your camper must have a cell phone, please discuss with your camper the storing of such items at camp. Parents, by law, are responsible for their children's cell phone use if they use a cell phone to take unwanted, questionable or inappropriate pictures of other people. It is a

problem when uninvited pictures are taken and such pictures are distributed to other phones or Internet sites. Parents are ultimately responsible for their child's conduct. Camp cannot be responsible for cell phones or their use, or other electronic devices brought to camp.

SPIRIT DAY – EVERY WEDNESDAY!

Every Wednesday is a day to wear any Southampton Day Camp shirt to show your spirit! It is for fun and pride. Of course, camp shirts can be worn any other day as well! (It would make Hampy's famous smile even bigger!) Camp also has spirit days when we do silly things such as Backwards Day, Crazy Sock Day, Wear YOUR Pajamas to camp for "Breakfast For Lunch Day", etc. We hope everyone will join in being silly for a day! These days will be listed on the camp calendar and menu.

SWIM INSTRUCTIONS

Southampton uses the most current American Red Cross guidelines for swim instruction. All campers are evaluated the first week of camp and placed in an appropriate swim groups. Passing the **Deep-Water Test** is the golden ticket into the deep end, the slides and diving boards. Swim instructors will determine if campers are ready to take the test. It may take a few good efforts to pass. A camper or parent may also request that the test be given. Call the camp office to let us know.

Please be aware that our testing standards may be much more stringent than other venues.

DEEP WATER TEST

The Deep-Water Test is jumping into the deep end of the pool (6 feet – the pool with the slides), coming to the surface and treading for 30 seconds, then without hesitation front crawl (comfortably – without struggling) to the 2nd rope at the shallow end of the pool (just to the right of the lifeguard stand).

A NOTE ABOUT PHOTOS!

SSDC has an official website. (www.hampyowl.com). Camp also has an official camp photographer, and photos are loaded onto our website weekly so parents, campers & counselors can enjoy them. More info about accessing the site to follow.

TRANSPORTATION

You will be notified approximately one to two weeks before camp begins concerning your child's pick-up time by the driver or bus supervisor. **Parents must be prepared to be flexible as far as time the first week of camp. Children must become accustomed to boarding and departing vehicles safely.** Traffic patterns become apparent and occasionally changes are made to provide the best possible service to all of our campers. As each day passes, the pick-up and drop-off times will become fairly consistent. We cannot take requests for drivers or modes of transportation. Your transportation may not necessarily be the same from summer to

summer. The camp uses school buses, school bus vans, approved 2017 or later model passenger vans, and staff owned cars. We make it a priority to make everyone's trip to camp safe and comfortable. Based on PA State regulations, some children must be placed in special seating. Parents will be notified by the Transportation Supervisor to discuss any issues.

*******AS A PREVENTIVE MEASURE, YOU ARE ASKED TO COMPLETE THE EMERGENCY PLAN FORM. THIS FORM WILL BE SENT TO YOU. PLEASE COMPLETE THE FORM AND HAND IT DIRECTLY TO YOUR DRIVER OR BUS SUPERVISOR ON THE FIRST CAMP MORNING. PLEASE DO NOT RETURN THIS FORM TO THE CAMP.**

Drivers will not drop any camper off without being sure that the camper is safe. *If you are delayed and not at home, your Emergency Plan will tell the driver who the child can be left with until you arrive.* This person will need to be close to your home. As a last resort, a camper will ride to the end of the route; if it is feasible to try the home again, the driver will drive by the home again. If this cannot occur, the camper will be brought back to the camp for pick-up by the parent.

Drivers are instructed to call camp first if they are detained by mechanical difficulties. The camp will then notify parents.

We depend on you, as a parent, to discuss the importance of courteous and safe behavior while riding in a car, bus or van. Bus supervisors may assign seats as needed to ensure the safety of all campers. Younger children will be asked to ride at the front of the bus. Food or drinks are not allowed in any vehicle, please!



*Tax ID# 23-1907-692

Greetings Southampton Summer Day Camp Parents !

PLEASE DON'T PUT THESE PAPERS ASIDE!!

WE ARE STARTING TO DO BUNK GROUPINGS AND NEED THIS INFORMATION FROM YOU!!

The summer sunshine is really just around the corner! In order to plan efficiently for your child's summer, we ask that you complete the enclosed forms and return them no later than the indicated dates below. Thank You!

PLEASE COMPLETE ONLINE FORMS AS SOON AS POSSIBLE

Please do not wait until the medical form is complete to send these forms! ***We need these 4 forms ASAP!***

The medical form (form #5) should be in to camp by May 1st .
If your wellness visit is later than May 1st, just call and let us know!

Use this check off list to be sure each form is returned to camp! Thank you!

- **#1 - OFFICIAL CAMPER REGISTRATION FORM - due by February 28th**
 - Please complete both sides
 - Parent signature required

- **#2 - CAMPER RESUME - due by February 28th**

This form is required for each camper to enable us to become better acquainted with your child. This information will remain confidential and will only be shared with staff if deemed necessary for the well-being of your child.

- **#3 - HAMPY'S KITCHEN PARTICIPATION FORM - due by February 28th**

FYI: 1st week in Hampy's Kitchen is **Cinnamon Snails!** Safe for all to make & eat!!

- **#4 - CUSTOM GIFT TEE SHIRT FORM – due by February 28th**
 - Please complete the camp tee shirt form for each camper, CIT or LIT
 - Due to the screen printing process, the smallest shirt size we can print that can accommodate our designs and range of sizes is a Youth Medium (10-12)
 - Shirts are pre-shrunk, true to size.

- **#5 - CAMPER MEDICAL FORM – due no later than May 1st**
 - This form is required for each camper. Returning the medical form will enable our Nursing staff to carefully review all forms and become familiar with your camper. Parents will be contacted as needed. **Parent & Physician signatures are required!**
 - We strongly suggest that you make a copy of the completed form before returning it to camp!

- **#6 – CLUB FORM – due A.S.A.P when available**
 - There is one club form per camper enclosed. Camper's name is on each form.
 - Please read and follow directions on back of club form.
 - Please note that not all clubs listed on the back of the form are offered to all age groups.

We appreciate your time in returning your child's forms.

We are very excited to welcome you to camp and share our 46th season with your family!!

**Tentative 2020 camp dates (until mid March) are Monday, June 20th – Friday, August 12th
Camp closed Monday, July 4th!**

Final invoices will be mailed during the first week of April; balances are due May 1st!



THANK YOU IN ADVANCE FOR COMPLETING ALL REQUIRED PAPERWORK. WE REALLY APPRECIATE THE EFFORT!!

PREPARING FOR CAMP

WOW!!! The summer sunshine is really just around the corner. In order to plan efficiently for your child's best summer ever, we ask that you complete and return to us by the end of February the following documents: ***Official Camp Registration, Camper Resume, Hampy's Kitchen Participation Form and Custom Gift Tee Shirt Form***. (These forms can also be downloaded)

A ***Camper Medical Form*** is required for each camper by May 1st. Returning this form will enable our Nursing staff to carefully review all forms and become familiar with your camper. ***Parent and Physician signatures are required!*** Also, if your child takes medication, a ***Medication Form*** must be completed prior to camp.

You will receive or be able to download Club sheets in early spring. Please send them in A.S.A.P. Please follow the directions on the sheet. Rona, "The Club Lady", will do her best to quickly sort everything out, so clubs can get started the first week of camp. Owlettes and Little Hoots (our 3- and 4-year old's) will be treated to a variety of rotating "Club" activities throughout the summer.

“The Official SSDC Parent Handbook” will be sent home in a mailer in the spring. It is a comprehensive booklet of “This & That’s” regarding all things SSDC. (It is also available for download)

Our youngest campers, in JUNIOR CAMP, will be invited to meet their Senior Counselor at camp on a specific day and time prior to camp. This generally falls on a Saturday or Sunday, one to two weeks before the first day of camp. Invitations will be mailed as soon as a date can be determined. If you cannot make the appointed time, your Senior Counselor will call to say “Hello.”

Junior campers who can’t make “Meet the Counselor” or new Senior or Varsity campers, who wish to visit camp before the first day, should call camp to arrange a convenient time to check out camp on a self-guided tour and say hello.

Finally, please be sure to discuss any concerns with your child’s Senior Counselor when the counselor calls you family before camp. Please discuss extraordinary medical, social, emotional or behavior issues directly with Rick or Jacque before camp begins. Contact Rick or Jacque with any other questions, comments or concerns.

TRANSPORTATION AT CAMP

Transportation by Camp (Will be updated for 2022)

You will be happy to know that we can drive your children to and from camp each day as part of your tuition. Your child is not only guaranteed to make it to camp on-time but it’s also hassle-free for you.

Getting to and from camp is our first important activity of the day. The camp day truly begins when your child is picked up and does not conclude until he/she is safely returned to your home. We have concentrated on providing a safe and efficient camp transportation program since 1973 through our door-to-door service. We carefully select the best type of vehicle for each geographical situation and route. SSDC utilizes school buses, school bus vans, approved 2018 or later 14 passenger Transit Vans.

Buses are driven by Commercial Drivers Licensed (CDL) drivers. All camp drivers must be 21+ years of age. All drivers must have a safe personal driving record and pass the camp’s insurance

server's stringent protocol for safe driving. Driver license and background checks are verified through the bus company or by camp. All vehicles used by camp for transportation are fully licensed and insured.

In addition to the professionally trained and experienced bus drivers, SSDC provides a Bus Counselor on all school buses. The role of the Bus Counselor is to take attendance, be sure that the children are seated, provide leadership to assist the campers in every way possible and help to ensure the safety of all campers.

We provide transportation throughout Bucks County, Montgomery County, and some areas of Philadelphia. Some of our stops include, but are not limited to: Huntingdon Valley, Holland, Ivyland, Richboro, Newtown, Warrington, Upper Dublin, Hatboro-Horsham, Abington, Cheltenham and Jamison. We cannot accept requests for specific drivers or modes of transportation. Your transportation may not necessarily be the same from summer to summer. You will be notified approximately one to two weeks before camp begins concerning your child's pick-up time by the driver or bus supervisor.

Special Notes about Transportation:

Choice of transportation mode for all campers is made by the Transportation Supervisor in conjunction with the camp's Executive Director.

- All campers are picked up and returned to the same address each day in the same vehicle.
- Based on PA State regulations, some children must be placed in special seating (car or booster seats).
- Any requests for extra transportation accommodations may result in additional costs.
- Changes in the mode or location of your child's transportation must be approved by the Transportation Supervisor.

Parent Self Trans

In addition to Camp Transportation, we offer a Parent Transportation Option. The Parent Transportation Option (**Parent Self Trans**) allows you to drop-off/pick-up your child at camp. If you choose this option, you will be entitled to a transportation rebate. You will receive detailed instructions prior to the first camp day regarding drop-off and pick-up procedures.

The following constitutes **Parent Self Trans**:

- Campers must be dropped off at camp between 8:30am and 9:10am
- Campers must be picked up between 4:05pm and 4:15pm
- A detailed information packet will be mailed to you prior to camp.

Our job is making sure our campers enjoy every part of their day and their ride to and from camp is no exception! Our Transportation Supervisor will be happy to help you with any

questions or concerns about transportation. Give us a call if you have any specific questions about transportation to and from your area.

Extended Care

If you'd like to drive your child in and out of camp each day but need to do so outside of our normal hours then you'll want to participate in our Extended Care Program. A nominal fee will provide extended care coverage for both Early and Late Care during the summer. A limited number of spots are available for this program.

Extended Care opens at 7:00am and closes at 6:00pm. During our Extended Hours we have a few staff members who facilitate different games at camp both inside and outside.

Additionally, we provide a small snack and drink for each camper. As you can see, we try and make Extended Care as special as the camp day... which is why some camper's want their parents to let them stay "just a little bit longer".

For more information regarding Extended Care please contact our office 215-355-4567.

HAMPY'S CAMP TO SHORE SHUTTLE (May be offered in 2022 based on need)

Beginning in 2019, we began to offer a Shore Shuttle to the Margate Library on Fridays. This optional air-conditioned motor coach bus with a lavatory will depart camp at approximately 2:30pm to the Margate Library in Margate, New Jersey and is available at an additional cost by cash or check only. Campers are provided with a snack and drink for the ride to the shore. Campers are supervised by Camp Staff and usually arrive at the Library at approximately 5:30pm. If the shuttle is running late due to traffic, we will let you know.



EARLY DISMISSALS, ALTERNATE TRANSPORTATION AND THE CAMP GATE

HOW TO PICK UP YOUR CHILD FROM CAMP BEFORE THE END OF THE CAMP DAY

A signed and dated note must be received by the office, in the morning, listing the time and date of early pick up, with the camper's first & last name and the name of the person who will be responsible for picking up the child! **IN ORDER TO ALLEVIATE THE BUSYNESS OF THE LAST HOUR OF THE CAMP DAY AND TO CLEAR THE PARKING LOT OF ALL PARENT'S VEHICLES BEFORE CHILDREN BEGIN TO BOARD THEIR TRANSPORTATION, PLEASE PLAN TO PICK YOUR CHILD UP **NO LATER THAN 2:30pm!** ALL CAMPERS WILL BE BROUGHT TO THE CAMP OFFICE FOR EARLY DISMISSAL. NO EXCEPTIONS! ALL CAMPERS MUST BE SIGNED OUT AT THE CAMP OFFICE!** If a note is not received, a phone call is permissible. However, we ask that you call before 12:00 noon in order for us to notify all staff involved in caring for your child. The camp office phone# is

215-355-4567. Also, please be ready to **show your ID or other information requested of you**, as a preventive measure to ensure the safety of your child.

DO YOU NEED ALTERNATE CAMP TRANSPORTATION?

THESE POLICIES HAVE BEEN UPDATED FOR 2021. See our COVID Safety Handbook.

If your child is going home with another camper, **we must have a permission note** from each family involved. **PLEASE DO NOT ASSUME THAT TRANSPORTATION IS AVAILABLE! CHECK WITH THE CAMP OFFICE BEFORE ARRANGING YOUR PLANS!** Notes are to be received in the morning at the camp office. **PLEASE, do not put the note in your camper's bag!** A camper will go home on their normal camp transportation if a note is not received. (Not available in 2021 or 2022)

ALL EARLY OR LATE CAMPER DISMISSALS ARE RELEASED THROUGH THE OFFICE... YOU WILL BE ASKED TO SIGN YOUR CHILD OUT (OR IN). IF THE OFFICE STAFF IS UNSURE OF WHO YOU ARE, YOU MAY BE ASKED TO SHOW IDENTIFICATION. (For 2021, an office personnel will come out to your car)

THE CAMP GATE

After the morning camp traffic has arrived, the camp gate is closed. All visitors will be greeted at the gate upon arrival. If the visitor is cleared by the camp office to enter, **ALL VISITORS MUST REPORT DIRECTLY TO THE CAMP OFFICE IMMEDIATELY.** If the visitor requests to go onto the camp grounds after signing in, a **CAMP VISITOR BADGE MUST BE WORN AND RETURNED TO THE CAMP OFFICE!** **ALL VISITORS MUST SIGN OUT!** (For 2021, you are asked to stay in your vehicle. Someone from the office will come out to your car,)

Your co-operation is greatly appreciated. *We are sure that you can understand the need for such guidelines.* We do our best to accommodate everyone possible... Please help us by abiding by the above procedures.



As members of the ACA (American Camp Association), we meet and exceed the highest safety standards in our industry. The Southampton Summer Day Camp Health Office is staffed by two full-time Registered Nurses who take care of our campers and staff with extra TLC. Our nurses maintain and ensure a safe and healthy summer for all of our campers. Our caring and skilled medical personnel are at camp at all times to meet each child's needs.

They are available to speak with you before and throughout the summer regarding your child's health needs.

Medical Examination Forms must be completed and signed by both the parent and primary physician. This form must be in camp no later than May 1st. If your child will need to take medication at camp, a **Medication Form** must be completed and sent to camp. Ear molds, Inhalers and Epi Pens must be sent to the office. Please provide a clearly labeled container with your camper's name and bunk #.

Camper Resumes

Prior to camp a camp nurse will contact you regarding your camper's allergies.

Parents of campers who have **food allergies** and wish to participate in Hampy's Kitchen (make and taste cooking activity) are required to sign a permission slip to participate. Over the last 10 years we have sent home a weekly ingredient list for parents who request it. If a parent feels that it is in the best interest of their camper to not participate, an alternative activity will be arranged by our Program Supervisor. This on line form can be found under the Current Family Tab. PLEASE MAKE SURE TO RETURN THIS FORM PRIOR TO THE START OF CAMP.

Allergies and Food at Camp

Southampton is **NOT** a peanut free, gluten free or any other food free environment. Our campers come to camp with many different kinds of allergies. At SSDC we are certainly sensitive to those with allergies and we pledge to do our utmost best in keeping everyone safe and educated about our campers' issues. **PLEASE BE SURE TO CLEARLY STATE ANY ALLERGIES ON YOUR MEDICAL FORMS AND CAMPER.**

Everyday our kitchen staff makes individually wrapped peanut butter and jelly sandwiches. We also check for cross contamination on all product labels. However, not all of our supplier's label in this way, and manufacturers may change their labels without notice. Therefore, we are unable to guarantee avoidance of cross-contact with regard to nuts. You and your camper should always ask questions about unfamiliar food. A two-week menu is sent home for you to peruse. If your allergic camper is able to eat in a restaurant, you will find camp to be a great and safe haven.

LUNCH, SNACK AND HAMPY'S KITCHEN AT SSDC



The lunch at camp is always a hit! Think: Walking Tacos, Sushi, BBQ Brisket and Chicken! Of course, we have plenty of kid-friendly food like chicken fingers and nuggets, pizza, macaroni & cheese; this isn't the camp food you remember, moms and dads! We even offer a full salad bar with a variety of fresh fruit options, as well as vegetarian and gluten free options. Oh, and the dining hall is air conditioned with cool music wafting through the air. It's just more pleasant that way! At Southampton, we see the dining hall as an extension of home. Campers sit with their bunks at the same table every day for during lunch. Food is brought to the table by staff,

and campers may help themselves to as much as they want. All counselors make sure plates are looking full, fresh and colorful.

Whether it's a food allergy or the pickiest of eaters, our staff will make sure your camper feels comfortable, confident and receives the attention he or she requires when it comes to diet. At SSDC our senior counselor's and their staff are here to help your child navigate the daily lunch menu. We provide meal accommodations to anyone with gluten, vegetarian (our own Performing Arts Director Amy Blum eats strictly vegan and gluten-free!), or any other allergies. Our goal is to reasonably accommodate your child's dietary needs.

Each day we offer a camp classic such as: pizza, chicken tenders, chicken nuggets, hot dogs, hamburgers and pasta. Some new camp favorites include: Veggie and beef tacos, grilled cheese and tomato soup, bbq brisket and chicken, and assorted California rolls and poke bar. In addition to the main meal peanut butter & jelly combinations, bagels, a sensational Salad Bar, and fresh fruit (melon mix, watermelon, apples, peaches, plums and bananas) are available daily. Vegetarian and gluten free options are available for many meals at camp.

A morning or afternoon snack with a drink is provided daily. Dessert options after lunch include the following: ice cream, icy pops, cookies or cupcakes. In addition, a variety of fresh fruit is available daily.

Many campers love "Hampy's Kitchen", a make and taste experience at SSDC. All treats are peanut/nut free, but for those with allergies a participation sheet goes home before the season. Camp also sends home an ingredient list for any parent who requests it prior to participation in "Hampy's Kitchen."

SWIMMING AT CAMP

The Southampton swim program is top notch! We have 3 heated pools, enabling us to provide age-appropriate swim instruction in a comfortable environment. The program is overseen by our Director of Swim Instruction. Our campers successfully progress through the American Red Cross Swim Levels. Each camper has small group instruction every day with the same Red Cross Certified Water Safety Swim instructor to ensure that the camper feels safe and secure. Campers are also scheduled for recreational swim every day where they can enjoy the diving boards and colossal water slides. Parents are updated throughout the summer about their child's progress. Our parents constantly let us know how amazed they are by their camper's swimming progress at the end of a Southampton summer!



The Deep-Water Test at SSDC--Using the most current American Red Cross guidelines, campers are evaluated the first week and placed in an appropriate swim group. Passing the ***Deep-Water Test*** is the “golden ticket” to the deep end, slides and diving boards. The ***Deep-Water Test*** is jumping into the deep end of the pool (6-feet-the pool with the slides), coming to the surface and treading water for 30 seconds, then without hesitation front crawl (comfortably-without struggling) to the 2nd rope at the shallow end of the pool (just past the lifeguard stand). Swim instructors will determine if campers are ready for the test. A camper or parent may also request that the test be given.

SPECIAL NOTE TO PARENTS

Please communicate with us! During the summer our office is open from 8:00am to 6:00pm, Monday through Friday. It is our sincere desire to make each summer season for your family a pleasant experience. We want to know during the camp season if you have a concern or issue so we can work towards solving a problem or issue that you may have *during the summer*. We are all working toward the same goal which is to provide a safe, happy, positive environment for your children summer after summer. Everything we do at camp is with the intention of providing an exceptional experience on many happy levels that will stay with each camper and staff member of our Southampton family for life. The “Six Degrees of Southampton Summer

Day Camp” is truly a sweet pleasure to watch and experience as members of our camp family grow up into adulthood!

PLEASE NOTE:

Thank you for your time and attention to all matters! We love camp and look forward to sharing the summer sunshine with your camper!

SOUTHAMPTON SUMMER DAY CAMP 2022—OUR 48TH YEAR

