

AN OVERVIEW OF TEEN PROGRAMS

WHO SHOULD BE A CIT? WHO SHOULD BE AN LIT ?

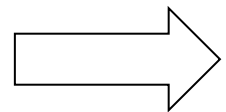
A **Counselor-In-Training(CIT)** is a boy or girl who **has completed 7th grade by the first day of the camp season.** A **Leader-In-Training(LIT)** is a boy or girl who **has completed 8th grade by the first day of camp and has completed one previous season as an SSDC CIT.** These campers are ready to move on to a different kind of experience as a camper! A CIT/LIT is an individual who is looking to challenge him or herself by participating in a leadership program that gives them the opportunity to participate, contribute and become involved with younger children in a camp setting and have fun with friends-old and new! A CIT/LIT is a boy or girl who is ready to accept responsibility for being a positive role model and who is motivated to practice and learn group dynamics and learn to work as a part of a team under the direction of senior staff members. **This program provides your child an opportunity to practice growing up and is a perfect partner to family, school and community youth activities.***

HOW IS THE CAMP DAY PROGRAMMED FOR A CIT /LIT ?

All CIT/LITS have a schedule and are directed through each day with the guidance of their CIT/LIT Senior Counselors. There are two separate components to the CIT/LIT Program at Southampton.

One part of the program involves a daily schedule of **RECREATIONAL CHOICES** with other CIT/LITS and the Leadership Counselors. Each CIT/LIT is encouraged and expected to attend the Recreational Activities. It encourages your CIT/LIT to feel a part of the group, to make new friends and practice social skills.

The second component is the **LEADERSHIP** portion of the day. Each CIT/LIT is assigned to a group of younger campers to experience the feeling of being given responsibilities while participating with the bunk staff and children in the morning. CIT/LITS are asked to list their age preferences for leadership; it is not always possible to meet all requests .While with the Leadership bunk, our goal is for your CIT/LIT to observe the bunk staff, participate with the bunk and take on minor responsibilities. Feeling a part of the group is the goal and this will depend on how motivated the CIT/LIT is to experience social interaction with staff as well as younger campers. This allows an opportunity for your CIT/LIT to practice leadership skills and working with a team in a positive, productive environment.



OPPORTUNITIES

There are opportunities for CIT/LITS to volunteer to be a part of various camp activities and special events throughout the summer. It is hoped that all CIT/LITS will feel comfortable in being a part of the fun of these events as well as daily activities.

OUT OF CAMP CIT/LIT TRIPS

All CIT/LIT trips will require a parental signature on a permission slip that will include all the pre-planned trips for the summer. It is our hope that all CIT/LITS will participate and have a fantastic time! All trips are chaperoned. CIT/LITS are made a part of the process in deciding groups for the various trips. Complete details regarding trips and dates will follow closer to the start of camp. **ALL CIT/LITS MUST HAVE A COMPLETED AND SIGNED CAMP MEDICAL FORM IN THE CAMP INFIRMARY BY THE FIRST DAY OF CAMP. A CIT/LIT WITHOUT A VALID MEDICAL FORM CANNOT BE TAKEN OUT OF CAMP.**

PRE CAMP INFORMATION

CIT/LITS will be mailed a survey packet in the Spring regarding personal requests. A pre-camp meeting date for the CIT/LIT for orientation and other assorted questions will be included in the packet. Returning the information by the requested due date and attending the pre camp orientation meeting can only help us to prepare your CIT/LIT.

EVALUATION

Southampton Summer Day Camp's goal is to see all children be successful, feel proud of themselves and to grow as individuals who also are sensitive to the needs and feelings of others. This takes time; it is a process of experiences and learning. We, as individuals, are always works in progress. Levels of learning, maturity, motivation and emotional and physical development come to the surface of an individual's understanding of the world on different time schedules.

CIT/LITS are evaluated in formal and informal ways for social growth, readiness to accept responsibility and their personal enjoyment of camp community interaction.

**** Future employment as a Junior Counselor is subject to availability of positions, positive evaluations, readiness and seniority as a camper and CIT& LIT. This topic is discussed at pre-camp meetings. It is understood that the described programs are intended for social and personal growth and not necessarily an offer for future employment.***